



# Why not spend a year serving God, exploring ministry and learning about yourself?

The Ministry Experience Scheme (MES) is an opportunity for those aged 18-29 to spend a year growing in ministry and leadership skills through church placements, training and mentoring.

MES lets people discover more about their gifts and skills, helping them discern God's calling on the life. For some this has been towards ordained ministry but for others it could be youth and children's ministry where the Future

Youth strand of MES provides specific experience and training in this area.

If you're unsure on your specific calling and just want to learn what it's really like being part of church ministry, there will be a place for you.

It is free to do with accommodation and living expenses provided. There are schemes across the Church of England. Usually beginning in September each year.



For national information please visit: [cofe.io/mes](https://cofe.io/mes)





“Through the MES I had the opportunity to develop as a Christian, connecting with people and churches from different contexts. I received tools, advice, and teaching so that I could not only discern my calling but also put it into practice.”

**Marina**



“I was drawn to MES because it gave the chance to strengthen my faith. My goal is to deepen my spirituality and acquire hands on skills in church related activities while gaining an insight into Gods purpose for me. I really look forward to getting involved in practical ministry work and serving a community where I can both give and grow.”

**Chinazaekpere**



“The best thing about this year is my youth growing. I’m just really, really, proud of them. And that makes me really, happy to see their growth”

**Camila**



**For more information or to apply to the Scheme in St Albans Diocese please email [ruth.dennigan@stalbandsdiocese.org](mailto:ruth.dennigan@stalbandsdiocese.org)**