

Newsletter



Issue 04 - 09/2026

2026 Figures So far

10794 food parcels handed out in 2026

94124.98kg food distributed in 2026

5776 referrals made to Bedford Foodbank of which
1007 households used us for the first time

49% of households referred had one voucher

October 2011 Bedford Foodbank Started

15 years ago, Bedford Foodbank opened its first distribution centre on Wednesday 12th October . At our first session we provided 2 food parcels and fed 3 people. From starting with operating on 3 days with 3 centres, we have over the years increased to 5 days with 7 centres. In 2012 for the same time period as above **10929.03** kg food was distributed, and **1357** food parcels were handed out.

From a handful of volunteers we now have 121 volunteers, of whom 42% of them have been with us for over 5 years and 15% for more than 10 years. We are extremely grateful for our volunteers as without them we could not deliver a service.

It was lovely to receive this review last week from a client

"I just wanted to send a heartfelt thank you to you all. I visited the food bank today, and I am so truly grateful. Your staff were so welcoming, kind, and genuinely caring , it meant the world to me, especially at such a difficult time. To be treated with such warmth and respect makes such a big difference when everything else feels so hard. Thank you for being there for people like me, and for your kindness and support. I really appreciate everything you do "

OTHER NEWS

Goodbye to Sarah Hello to Nick

Sarah Broughton retired at the end of July and at the beginning of July we welcomed Nick Stacey as our new Operations Director

New Trustees

We now have 6 trustees as we have said goodbye to Kirsty Middleton and welcomed onto the board Justin Wharton, David Lowe and Martin Banham-Hall.



HARVEST

This Harvest we're asking you to help support local people in crisis by collecting tinned and dried food for Bedford Foodbank. We are asking everyone to rally round to give items such as tinned rice pudding, Sponge Puddings, UHT Fruit juice, jars of coffee, tinned meat, cup- a soup.

Please join us by giving food so that local people in crisis don't face hunger. We really appreciate your support so we can make the greatest possible difference to people experiencing hardship in Bedford.

EXTRA HELP

Can you help us to raise £15,000 this year as we mark starting 15 years ago.

This QR code will take you through to our fundraising page



CHRISTMAS

This year we will again be running our Reverse Advent Calendar Appeal launching it near the end of October.

Please keep an eye out for it on Facebook and our website

Bedford Foodbank
8/9 Murdock Road
Manton Industrial Estate
Bedford
MK41 7PE

01234 268569
Info@bedford.foodbank.org.uk
www.bedford.foodbank.org.uk

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**We want to see a future where food banks aren't needed
and we know that together, we can make that happen.**

 **Bedford
Foodbank**
Together with Trussell